



**Curriculum** – Mini Kick

**Activity #** - 131

<b>Game Title:</b>	Red Bull Shoot Out	<b>Game Theme:</b>	Shooting
<b>Learning Outcome(s):</b>	Develop the ability to strike the ball		



**Organization:**

1. 10 x 20 yard are set up as shown
2. 2 groups of 5 players
3. 1 goal
4. 10 balls
5. Cones to show pathway to goal

**Story/Description:**

1. The group is divided into two teams
2. Each team chooses their own team name
3. The players in each team are assigned a number
4. When their number is called they run around the tall cone, through the gate (different color) and into the area
5. The coach serves in two balls for each player to shoot at the goal

**Coaching Points:**

1. Dribble the ball to get as close to the goal as you can
2. Get in line with goal before you strike
3. Strike the ball as hard as you can with the laces of your cleats

**Developments:**

1. P – Use only one ball, players now compete to score
2. P – Add a goalkeeper